RESOURCES (2023)

Community Action Programs Cayuga/Seneca: 89 York Street Suite 1, Auburn, NY 13021 (315-255-1703). Many different programs exist including free clothing, domestic violence services, early childhood programs, emergency assistance, health & nutrition, homeless assistance, food, workforce development, Christmas Elf program (caphelps.org/program).

Legal Aid/Advice

- 1. For individuals older than 60 years, consult **Office for the Aging** (315-253-1226, Auburn NY). Free phone consults (2 ½ hours or less) for preparation of wills, health care proxy, power of attorney and other issues.
- 2. For individuals younger than 60 years, consult **Legal Services of Central New York** (877-777-6152). Phone consults for preparation of wills, power of attorney, health care proxy, immigration, evictions, and foreclosures. No fee for low-income individuals. Bilingual consultations available.
- **3.** Cornell Law School has several legal clinics addressing immigration law and advocacy, farmworker legal assistance, etc. Email clinicalprograms@cornell.edu or call 607-255-4196.

Southern Cayuga County School Programs

- 1. Soccer teams: Team recruitment occurs in the spring—teams have been formed already.
 - a. Elementary Students play on a team separate from the school. Contact Tammy Pettit-David (tpettitdavid@yahoo.com, 315-283-8075).
 - b. High school students: Contact Caitlin Wasielewski, Athletic Director SCCS, 315-364-7111.

English Speaking Classes

- 1. Cornell Farmworker Program (MaryJo Dudley, 607-254-5194) is now scheduling (mid Sept) virtual classes with one-on-one tutoring for adults. Will need to fill out a form (name, phone number, when available for class, current English speaking skills).
- Cortland Migrant Education Tutorial and Support Services Program, SUNY Cortland, B105 Van Hoesen Hall, Cortland, NY (607-753-4706) for children 0-20 years of age. To be eligible, family member must work on a farm or other industry (fishing, logging, food processing) and have moved at any point in the last 3 years. See www.nysmigrants.org or https://www2.cortland.edu/community/outreach/migrant-education/
- 3. Literacy Volunteers of Cayuga County Inc., 125 Genesee St., Auburn NY 315-253-5241. literacycayuga@gmail.com. Free English speaking classes held Mondays 7-8 PM at Belltown Dairy Pavilion (near the pond), 203 Mahaney Rd., King Ferry NY. Text Toni (315-604-8190) if you will be attending, as she needs to assign you to a class.
- Cayuga-Onondaga BOCES, The Center for Learning, 12 Allen St., Auburn, NY (315-255-1703, www.cayboces.org/Page/41). Free In-class or remote learning sessions are available. There is no childcare on site. Currently, all classes are full but more may become available if enough demand exists.

5. Tompkins Seneca Tioga BOCES (18 years and older). No charge for in-person instruction, open enrollment (6th floor at 118 North Tioga St., Ithaca NY). Beginner classes: 5 pm-8 PM on Tuesday and Thursday, 9 am-12 pm or 1 pm-4 pm, Monday thru Friday. (www.tstboces.org/page/adult-edest). Contact Luke E Sjolund, Student Services Advisor, TST BOCES - Adult Education Programs (607) 273-4095) for enrollment forms.

Health and health insurance

Health Insurance Providers – Fidelis Care (<u>www.fideliscare.org</u>) Melissa Young (607-426-2569)
or Simone Callendar (315-313-3524) are the local contacts. Free or low cost health programs for
children and adults; many of the programs allow enrollment at any time.

2. Health clinics:

- a. Port Byron Community Health Center, 60 Mains St., PO Box 359, Port Byron, NY, (www.local communityhealth.com; 800 724-0862). Full medical, dental, family planning, behavioral health and nutrition counseling to anyone in the community. (Accepts Medicaid, Child Health Plus, Family Health Plus, Medicare and most other insurances; generous sliding fee scale to the uninsured is offered.) Bilingual staff. This is part of Finger Lakes Community Health, which has other clinic locations in Geneva, Dundee, Newark, Penn Yan and Sodus. They also have a program that specializes in providing health care for agricultural workers and farm visits.
- b. East Hill Family Medical, Inc.,144 Genesee St., Auburn NY. (<u>www.easthilmedical.com</u>; 315-253-8477). They offer adult medicine, dental services, pediatric services and reproductive health services. They accept a variety of insurance plans; they offer a sliding fee discount program for income-eligible individuals.